



## COMMITMENT AND CONDUCT POLICY (CODE OF CONDUCT)

Arkansas Rising Soccer Club desires that all players have the greatest possible experience in youth soccer. To insure this positive environment, all players and parents must adhere to the following:

### PLAYERS

All players and parents must adhere to the following:

**100% attendance, 100% effort.** Participation in training and games with a terrific attitude and great effort are essential to skills development. Failure to participate regularly in training or games can affect a player's ability to maintain his or her roster position. Please notify your team manager in advance if you will not be in attendance at a game or training session.

#### Be prepared:

- Arrive on time – at or before the time designated by your team manager
- Wear the appropriate kit – uniform/training tee, cleats and shin guards
- Bring your gear – water and an inflated soccer ball of the appropriate size
- Be game ready – get enough sleep and proper nutrients prior to the game

**Sportsmanship.** Demonstrate good sportsmanship at all times toward opponents, referees, and parents of opposing players. Soccer is not merely a beautiful game; soccer is a passion shared by cultures worldwide. It unites people everywhere under the banner of fair competition. Our players are part of that passion. To succeed, soccer players must, before anything else, respect the game. Arguments and inappropriate behavior in games demonstrate a lack of respect for soccer and will be remembered much longer than individual accomplishments and game results. **ZERO TOLERANCE for Bullying, physical or verbal bullying will not be permitted at any time. We will remove a player from the team and the club for engaging in any sort of harassment. No refunds will be given upon dismissal.**

**Practice** with your soccer ball at home. The more time you spend with the ball, the faster your foot skills will develop.

**Teamwork.** Encourage your teammates on and off the field. Players gain confidence when they feel valued by their teammates. Positive comments and encouragement to teammates builds team chemistry.

**Learn.** Watch soccer. Go to a college game, watch matches on television. Players can learn from watching how the experts play the game.

### PARENTS

In general:

**Trust the system.** Every youth soccer player develops at his or her own unique pace. Each player is placed onto a team based on where the Rising coaching staff determines is best for that player at that moment in time.

**Arrive on time.** Please organize your schedule to make participation in all training sessions, games and tournaments a priority. If there is the occasional conflict, please contact your team manager in advance.

